

**Kinesiology Roadmaps for Graduation**  
**Four Year Degree Plan for Freshmen**

Bachelor of Science Degree in Exercise  
 Science – Option one: Exercise and  
 Bioscience

	Fall		Spring	
	Courses	Units	Courses	Units
Year 1	GE D Social Science	3	MATH 1083 or 1085	3
	GE A2 Written Communication	3	GE A1 Oral Communication	3
	MATH 1081 or 1082	3/4	CHEM 1100	5
	GE E KIN 1500	3	GE A3 Critical Thinking	3
	GE C1 Arts	3		
	<b>Total</b>	<b>15/16</b>	<b>Total</b>	<b>14</b>

	Fall		Spring	
	Course	Unit	Course	Unit
Year 2	BIOL 2010	4	BIOL 2020	4
	PSY 1500	3	GE C2 Humanities	3
	BIOL 1100	5	KIN 3100	3
	CHEM 1110	5	BIOL 1200	5
	<b>Total</b>	<b>17</b>	<b>Total</b>	<b>15</b>

	Fall		Spring	
	Course	Unit	Course	Unit
Year 3	CHEM 3500	4	KIN 3600	4
	BIOL 3000	3	American Inst. U.S. Hist.	3
	American Inst. U.S. Const.	3	Directed Elective	3
	KIN 3350	3	Directed Elective	3
	PHYS 1100	4		
	<b>Total</b>	<b>17</b>	<b>Total</b>	<b>13</b>

	Fall		Spring	
	Course	Unit	Course	Unit
Year 4	KIN 4600	4	KIN 4650	5
	Upper Division GE	3	Free Electives	4
	Upper Division GE	3	Upper Division GE	3
	KIN 3400	4	KIN 4610	3
	<b>Total</b>	<b>14</b>	<b>Total</b>	<b>15</b>